



Download

Open in

Copy link

Share

Only you
have
access



The King's Speech

Through the Lens of an Eloquent Case Presentation

By Elizabeth Lehmann

The King's Speech is an acclaimed 2010 dramatic film based on England. At the heart of the movie is the therapy relationship between King George VI and his speech therapist (Colin Firth and Geoffrey Rush). The film is reviewed from the psychological perspective of Affective Experiential Developmental Psychotherapy (AEDP) developed by Diana Fosha (2000).

The King's Speech is a 2010 Academy Award winning dramatic film about King George VI of England, further informed by the life of screenwriter David Seidler. Colin Firth, co-stars Geoffrey Rush, Helena Bonham-Carter and Gemma Arterton. The film is directed by Tom Hooper.

For the sake of transparency, let it be said that this reviewer understands the film from the perspective of AEDP. Absolutely stunning, the relational and psychological depth of the film is truly inspiring. Experiencing *The King's Speech* is akin to attending an AEDP session with a patient being Prince Albert, Duke of York, who in the course of the film, first outwardly, then inwardly.

Two disclaimers, before proceeding:

1. Be forewarned that no attempt is made by the reviewer not to